



How We Decided Your Estimated Personal Health Budget

V8 Continuing Health Care

Classification: Restricted



Contents

What is a personal health budget?.....	1
Why am I receiving an estimated personal health budget?	1
How we decided your Estimated Personal Health Budget	1
What if you think the budget is too little or too much?	2
How is your actual personal health budget determined?	2

What is a personal health budget?

A personal health budget uses NHS funding to create an individually agreed personalised care and support plan that offers people of all ages greater choice and flexibility over how their assessed health and well-being needs are met.

The personalised care and support planning conversation identifies the care, support and services the personal health budget will be spent on. This can include a range of things to give people access to care, support and services that are holistic, innovative and build on their strengths.

Why am I receiving an estimated personal health budget?

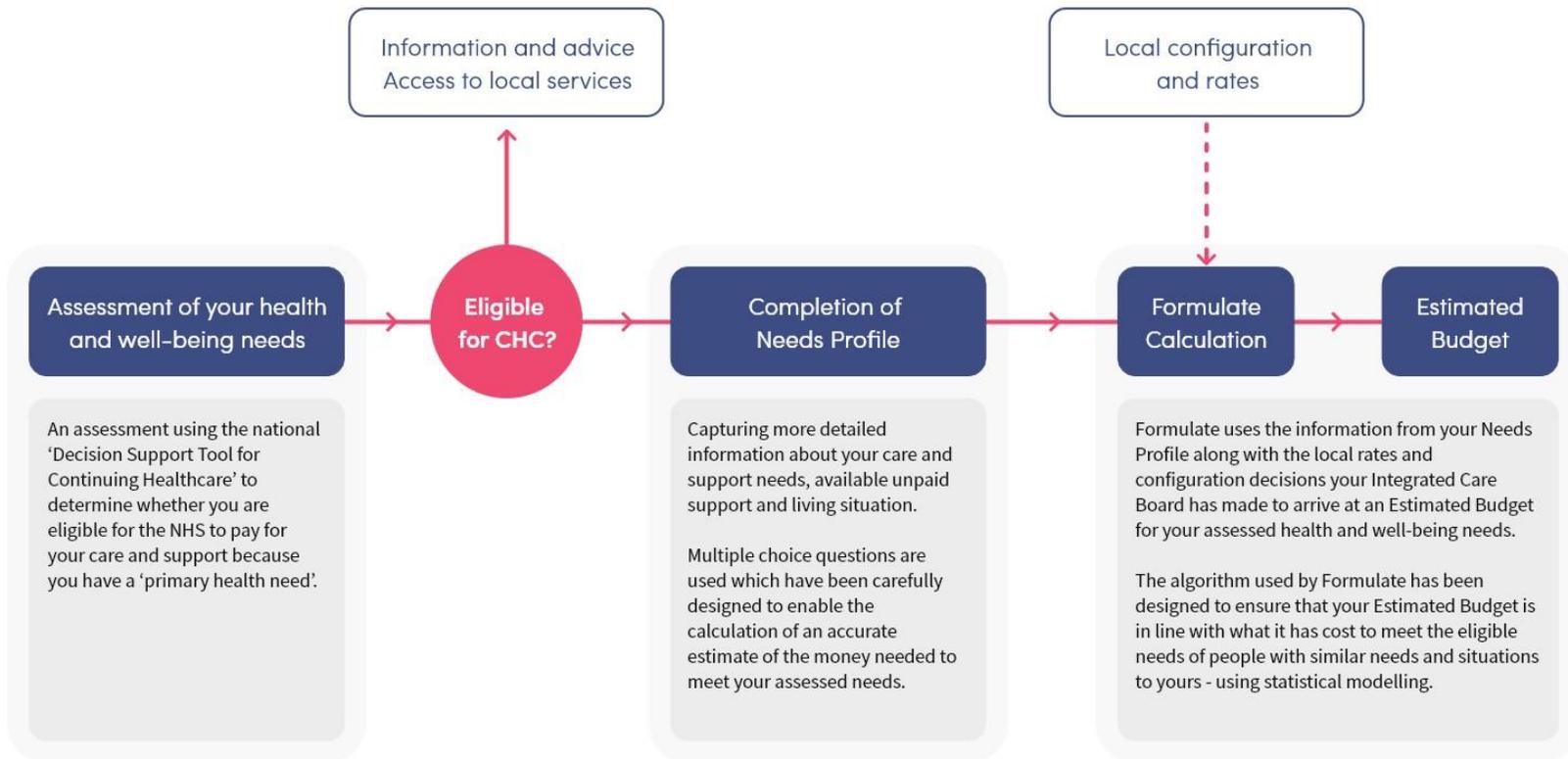
Where we (the Continuing Healthcare service that's part of your local Integrated Care Board) have assessed you under the national Continuing Healthcare (CHC) framework and decided that you are eligible for the NHS to pay for your care and support, we will calculate an 'estimated personal health budget' (Estimated PHB) for you.

The Estimated PHB gives you an indication of how much money we think is needed to help you meet your assessed health and well-being needs which can't be met by unpaid carers or other resources available in your community.

Your Estimated PHB is sometimes referred to as an 'indicative budget' or 'indicative allocation of money'. We use the Estimated PHB as a basis to help with your support planning process.

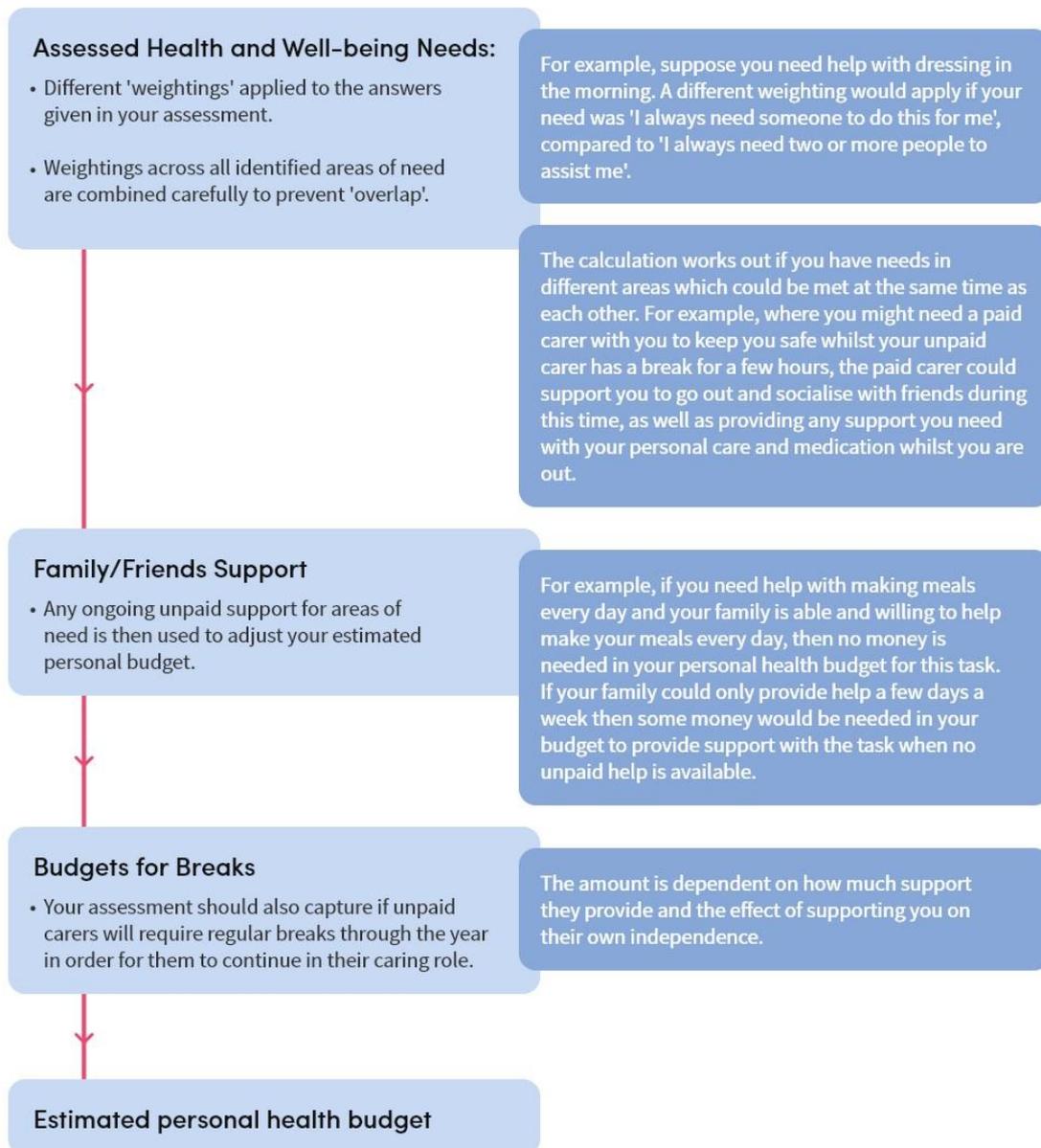
How we decided your Estimated Personal Health Budget

The diagram below shows the process involved in estimating your budget.

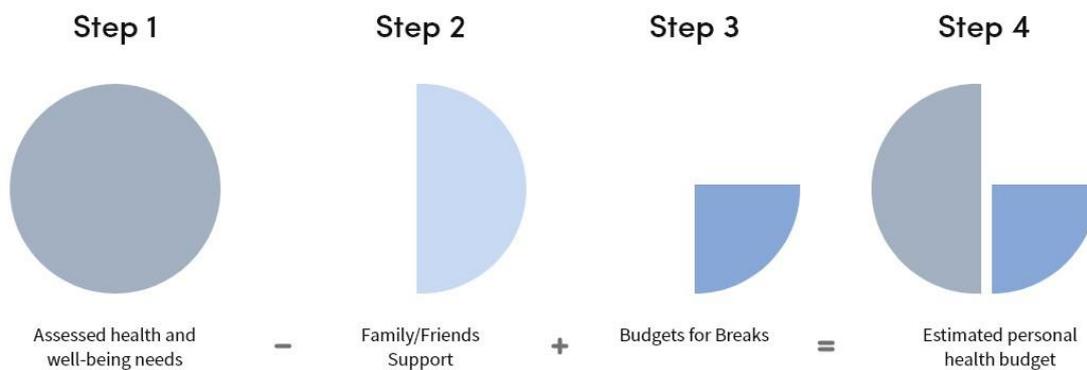


Where the flowchart on the previous page refers to 'Formulate', this is the name of the calculation tool that we have chosen to use locally for estimating Personal Health Budgets for people eligible for Continuing Healthcare.

The diagram below illustrates the main stages of the Formulate calculation process:



The Formulate calculation steps above are shown below as a diagram, to show how each step works.



What if you think the budget is too little or too much?

No approach is perfect, and everyone's personal situation is different. This is why we calculate an **estimated** Personal Health Budget.

If you feel the estimate is not realistic, for example if it seems too low or too high – there are two things to consider first:

- 1) Do you feel that your needs have been recorded correctly?
- 2) Do you feel that the amount of unpaid support that your family, friends or volunteers will provide has been recorded correctly?

It is important to remember that, at this stage, no final decision has been made about your **actual** Personal Health Budget.

How is your actual personal health budget determined?

We will confirm your **actual** Personal Health Budget (PHB) after your care and support plan has been prepared and agreed as suitable for meeting your assessed needs.

Your PHB may be lower or higher than the estimated figure, due to your specific personal situation. There may be other factors that also mean the two figures are different, such as variation in the local cost and availability of a particular type of support that you need.